## **Health Examinations for Adults**

There are 2 different types of health examinations that individuals can take: group examinations at various health centers, and individual examinations at medical facilities that offer them.

※ Please do not forget to bring your Medical Exam Ticket "Jushinken" and barcode seal. If you have not received the tickets, please call one of the health centers.

## Group Examination "Shuudan Kenshin"

Stomach, uterine cervical, or breast cancer examinations, and osteoporosis (bone

density) examinations require advanced booking. Please call one of the health centers

or book online. No booking is needed for chest x-ray, so please visit directly at centers

where the examinations are conducted.

## Individual Examination (Examinations at medical facilities)

Booking varies depending on the medical facilities. (Call, visit, etc.)

\*Please check the "Kenshin no Oshirase (Information on health examination)" for details

(including group examination schedule, booking, available facilities) or the city website.

## **Contact Information:**

 Ota-shi Health Center *"Ota-Shi Hoken Center"* Tel: 0276-46-5115
Nitta Health Center *"Nitta Hoken Center"* Tel: 0276-57-2651
Yabuzukahonmachi Health Center *"Yabuzukahonmachi Hoken Center"* Tel: 0277-20-4400