

To the parents

Ota Board of Education



Your child will soon be entering elementary school and we are sure that you and your child's hearts are filled with hopes and dreams for the start of life as an elementary school student. It is particularly important for the school and family to cooperate with each other, and for each to play its role well so that the children can adapt to school and live a happy school life after enrollment. Therefore we

would like you to keep in mind the following things, and to teach your children about them at home as well before entering elementary school.

1, 13 Things we would like your child to learn at home before entering elementary school

- be able to go to bed early and get up early by themselves
- be able to eat a good breakfast
- be able to brush their teeth well
- be able to speak up when replying or greeting
- be able to sit on the seat properly
- be able to distinguish their belongings from those of other's
- be able to arrange their clothes properly
- be able to keep the things on their desk and other personal belongings in order
- be able to play not only by themselves but also with others
- be able to listen to what others say
- not to use violent language
- be able to apologize for mistakes
- not to tell lies

2, 16 Things we would like you to keep in mind as a parent and a family member

- Make sure your child keeps early hours and follow a healthy routine.
- Make sure your child has a breakfast.



- Praise kids for good behavior and correct bad behavior appropriately. Give a hug and cheer up your child when he/she is feeling sad and show that you care. Let your child know that he/she is important.
- Do not make assumptions and listen to what your child has to say so that he/she can feel that he/she is respected and belongs to the family.
- If your child asks you a question, think and find out together right away instead of putting off answering.
- Try to keep promises with your child.
- Make enough time to communicate with your child. Read books and tell stories.
- Show your child how to do something, let him/her try, and praise when he/she manages to do it.
- Let your child do housework and give them a role at home in accordance with the child's stage of development.
- Value experiences and interacting with people of different ages.
- Try not to be overprotective or interfere too much. Treat your child as a human being who is going through a period of development.
- Teach your child the necessity of patience.
- Encourage your child to play freely in nature.
- Fast food and snacks should be limited so that the child can eat regular meals.
- Protect your child from problems concerning the internet and smartphones.
- Walk to school with your child telling him/her where the dangerous places are and not to follow strangers as well as other safety issues before entering school so that your child can get used to the school route.

Reference: 「Rulebook 50 for children in Gunma」 (Gunma Board of Education)