

Health Examinations for Adults

There are 2 different types of health examinations “*Kenshin*” that individuals can take: group examinations at various health centers, and individual examinations at medical facilities that offer them.

※ Please do not forget to bring your Medical Exam Ticket “*Jushinken*” and barcode seal.
If you have not received the tickets, please call one of the health centers.

Group Examination “*Shudan Kenshin*”

Stomach, uterine cervical, or breast cancer examinations, and osteoporosis (bone density) examinations require advanced booking. Please call one of the health centers or make a reservation with the **LINE**. No booking is needed for chest x-ray, so please visit directly at centers where the examinations are conducted.

Individual Examination (Examinations at medical facilities)

Booking varies depending on the medical facilities. (Call, visit, etc.)

*Please check the “*Kenshin no Oshirase* (Information on health examination)” for details (including group examination schedule, booking, available facilities) or the city website.

Contact Information:

■ Ota-shi Health Center “*Ota-Shi Hoken Center*”

Tel: 0276-46-5115

■ Nitta Health Center “*Nitta Hoken Center*”

Tel: 0276-57-2651

■ Yabuzukahonmachi Health Center

“*Yabuzukahonmachi Hoken Center*”

Tel: **0277-20-4400**