

To the parental guardian

Ota Board of Education



With your child's enrollment coming up next year, we are sure that you and your child are filled with hopes and dreams for your child's enrollment. For your child to adapt to school and spend an enjoyable and fulfilling life after enrollment, we believe it is especially crucial that the school and your family work together, each

playing their respective roles. Therefore, we request that you also provide guidance on the following points at home before your child enrolls.

1 Things we would like your child to learn at home before entering elementary school

- able to go to bed early and get up early on their own
- able to have a good breakfast
- able to brush their teeth well
- able to respond and greet in a clear voice
- able to sit properly
- able to distinguish their belongings from those of other's
- able to get properly dressed up
- able to organize things on their desks and other things around them.
- able to play not only by themselves but with others as well.
- able to listen attentively
- not to use harsh words
- able to sincerely apologize for their mistakes
- never tell a lie

※Ota Board of Education might directly contact you after the medical check-up as subsequent measures, if required. Please answer any calls from the tel. number 0276-55-2128 of Ota City education board to ensure your child's fulfilling school life.

2 Things to keep in mind as parent and a family



- Let them sleep and get up early and maintain a good healthy routine.
- Let them have a good breakfast.
- Let's praise them for behaving well and correct them if they are wrong. In addition, embrace or comfort them when they are feeling sad and show that you care, and let them know that they are precious.
- Help your child feel like they belong and have a sense of their own identity, stop making assumptions and listen carefully to what they have to say
- If your child asks you a question, don't say later but think about or look up for the answer together right away.
- Make an effort to keep and fulfill the promises you make to your child.
- Spend plenty of time with your child, read to them and tell them various stories.
- Parents or family members should first show how something works, then let them try it and then praise them when they succeed.
- As your child grows, give them household duties such as helping at home.
- Value various experiences and interactions with people of different ages.
- Instead of being over protective or interfering, treat your child as an individual who is going through a period of development.
- Teach them the value of patience and perseverance.
- Encourage them to play freely in nature and let them play energetically.
- Limit the amount of instant foods and snacks they eat so that it will not affect their diet.
- Protect your children from issues related to the internet and smartphones.
- Parents should prepare beforehand for their children's school route such as walking the school route with them, checking dangerous areas and discuss safety for instance not to follow strangers.

Reference:

「50 Rule book for Gunma Children」 (Gunma Board of Education)