

FREE Special Health Examination *Tokutei Kenshin*

Are you experiencing any changes in your body shape, weight, or having concerns about your health? To stay healthy, have a special health examination once a year.

What is this examination?

Specific health exams enable early detection of lifestyle-related and other diseases through this an hour exam. You can also receive various cancer screenings (details below) with tickets attached to the yellow envelope. These exams are less expensive than Complete Physical Examinations *Ningen Dock*, so do not miss the opportunity!



Eligibility: Members of one of following.

•National Health Insurance Kokumin Kenkou Hoken (Aged 40 to 74 years)

Advanced Elderly Medical Service System Kouki Koureisha Iryou Seido

<u>What to Bring:</u> Evidence of insurance eligibility (e.g., insurance card, *Myna* insurance card, Eligibility Confirmation Certificate, or *My Number* card and Notice of Eligibility Information), Examination Tickets *Jushinken* and barcode stickers, Questionnaire *Shitsumonhyou*

Individual Exam (available untill December 20th, 2025): Visit the conducting medical institution listed in the 'Information on Health Exam (*Kenshin no Oshirase*)' enclosed with your examination tickets. **Group Exam (Only for the National Health Insurance Members):** Visit the venues on the health exam date indicated in the 'Information.' Members between the ages of 19 and 39 are also eligible for the examination. Notifications were sent to those eligible in late April.

You cannot take both the special health exams and complete physical exams.

For National Health Insurance Members:

Ota City Hall (1F / Counter 16), National Health Insurance Division *Kokumin Kenkou Hoken-Ka* 20276-47-1825 For Advanced Elderly Medical Service System Members:

Ota City Hall (1F / Counter 12), Medical Welfare and Pension Division Iryou Nenkin-Ka 20276-47-1926

Health Exams and Screenings Started from May.

Group exams *Shudan Kenshin* (screenings for breast, cervical, and stomach cancer, and osteoporosis) can be reserved via city's official *LINE* account for the entire schedule.

(Reservations can also be made by phone for exams held in May and June 2025.) For details, please check the '**Information on Health Examination** *(Kenshin no Oshirase)*' enclosed with your examination tickets.

Contact: Health Promotion Division, Kenkou Zukuri-Ka 20276-46-5115





The content of the 2D code on the left (city website) has been translated mechanically by a free translation service on an external website. Please note that the city shall not be held responsible for any mistakes of them.



*** 各種けんしん受給券

Do you have any Forgotten Unpaid Municipal Taxes?

If you find a tax notice *Noufusho* that you have forgotten to pay, or a dunning letter (reminder) *Tokusokujou* or reminder of overdue tax payment (notice to remind payment) *Saikokusho*, please be sure to confirm that the payment has been completed.

For those who need reissuance of a tax notice to pay or have difficulty making payment due to disaster, theft, illness, or unemployment, please consult with the division below **as soon as possible**.

Contact: Ota City Hall (2F / Counter 23), Tax Collection Division Shunou-Ka 20276-47-1936

Jpcoming FY2025 Payment Deadlines for Municipal Taxes

Fix Property (1st period) and Light Motor Vehicle (all periods) Tax is due on June 2nd, 2025 (Monday).

Please make payments by the deadline. For tax payment inquiries, contact the Tax Collection Division Shunou-Ka in Ota City Hall (2F / Counter 23) 2 0276-47-1820.

FREE LEGAL ADVICE (Only in Japanese. Dates and venues are subject to change.)								
Location	Date	Hours	Time	Information / Appointment	Note			
	May 14 (Wed.)	9:30 – 12:00	20 mins per person	(Limited to those who live or	Service at all locations require an appointment beforehand; you can make an appointment up to 2 weeks in advance.			
Ota City Hall (3F / Counter 38)	May 17 (<mark>Sat.</mark>)							
	May 28 (Wed.)							
	June 4 (Wed.)							
	May 22 (Thu.)	13:30 – 16:00						
	June 12 (Thu.)							
<i>Fukushi Kaikan</i> (Ota-Shi lida- Cho 1549)	May 19 (Mon.)	13:00 – 16:00		Ota City Social Welfare Conference, Shakai Fukushi Kyougikai 20276-46-6208 (Preferences will be given to those who reside or work within the city.)				



Hello Work OTA in Ota City Hall

Governmental Consultation Branch for Foreign Residents

Tuesday 13:00-16:00

(Excl. public holiday, year-end and new year holidays) Location: Ota City Hall (1F), Consultation Counter for Foreign Residents Contact: Hello Work OTA 20276-46-8609 (43#)





Japanese National Pension System *NENKIN*



Doctors on Duty on Sundays and Holidays (Emergency) If you have a fever or respiratory symptoms, please call from car, etc. before visiting clinics, (I.M.: Internal Medicine)

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		Pediatrics	Minami Yajima Kodomo Clinic (Minamiyajima-Cho)	0276-60-0415
		Surgery / I.M. / Orthopedics	Yamaguchi Geka Iin (Nishihon-Cho)	0276-31-3561
		Obstetrics-gynecology	Fujii Ladies Clinic (Higashiyajima-Cho)	0276-60-3111
) () (]		I.M. / Pediatrics / Dermatology	Kizaki Clinic (Nitta Kizaki-Cho)	0276-56-7770
		Gynecology / I.M.	Yamaguchi ART Clinic (Dainogo-Cho)	0276-45-8818
		Orthopedics	Motojima Seikeigeka · Tounyobyo Naika (Niino-Cho)	0276-33-9777
	May 25 (Sun)	I.M. / Pediatrics	Ugajin Clinic (<i>lizuka-Cho</i>)	0276-40-1414
		I.M. / Surgery	Ota Minami Clinic (<i>Hosoya-Cho</i>)	0276-57-8927
		Orthopedics	Yoshida Seikeigeka Clinic (Nitta Murata-Cho)	0276-50-1047
	June 1 (Sup)	I.M. / Pediatrics	Hirahara Naika Shoukakika (Komaigi-Cho)	0276-45-3891
		Gynecology / I.M.	Takara Josei Clinic (Yura-Cho)	0276-32-2159
		Breast Surgery	Ota Breast Clinic (Nishihon-Cho)	0276-50-1748
	June 8	Pediatrics	Tachibana Shonika Allergy Ka Clinic (Fujiagu-Cho)	0276-33-7177
	(Sun.)	I.M.	Shoda lin <i>(Minamiyajima-Cho)</i>	0276-38-5511
	(Sull.)	Otorhinolaryngology (E.N.T.)	Fukuda Jibiinkouka Clinic (Shimokobayashi-Cho)	0276-60-3130
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Note: The doctors above are only on duty for seeing emergency patients, so other patients are asked to seek treatment on weekdays. Designated Emergency Hospitals providing Medical Services (Only to emergency patients)

Call the Hospital Guidance Telephone Service (20276-45-7799) to confirm available medical services before your visit.

Ota Kinen Byouin 20276-55-2200 Motojima Sougou Byouin 20276-22-7131 Horie Byouin 20276-38-1215 276-45-7799) to confirm available medical services before your IMS Ota Chuou Sougou Byouin 20276-37-2378 Shiroyama Byouin 20276-46-0311 Kouaikai Dai Ichi Byouin 20277-78-1555

Weeknight Emergency Infirmary (I.M. or Pediatrics)

Location: <u>Ota-Shi Health Hoken Center 1F</u> Reception Hours: Mon. to Sat. 18:45 - 21:45* (excl. public holidays) *The reception hours may change. Note: Treatments for mild illnesses are available. Please call before visit to check which specialist is on duty. Dental Services on Sundays. Holidays, and Year-End/New Year Holidays (10:00 - 13:00)

Ota Nitta Shika Ishi Kaikan (Note: southwest of Ota City Hall; 2-3 min away walking distance.) 20276-45-7320





Consultation Counter for Foreign Residents in City Hall

Monday - 9:00 to 11:30 / Thursday - 13:00 to 16:00

Video Interpreting Service in **17** languages is also available at the counter using a tablet device during our consultation hours (weekdays 9:00-11:30/13:00-16:00 except for Wednesdays and Friday afternoons) for procedures, consultations or other matters at the city hall. For interpretation, please come to the counters during the operation hours.

<u>Languages:</u> English, Filipino, Hindi, Nepali, Indonesian, Vietnamese, Korean, Myanmar, Thai, French, Russian, Khmer, Malaysian, Ukrainian, Portuguese, Spanish, Chinese

Location: Ota City Hall (1F / Next to Yamazaki Shop),

Consultation Counter for Foreign Residents *Gaikokujin Shimin Soudan Madoguchi One Stop Center* Notification of Birth, Child-Rearing Allowance and Public Assistance consultations can take time, so please come by early and please note that it is closed on public holidays (incl. Year-End and New Year holidays). <u>Contact:</u> Ota City Hall 20276-47-1111 (general) or Ota International Association 20276-48-1001 (Weekdays only; 8:30-12:00 / 13:00-17:00)

For more information, please contact at the OTA CITY HALL, International Affairs Division (*Kokusai-Ka*) and the OTA INTERNATIONAL ASSOCIATION (*Ota-Shi Kokusai Kouryu Kyoukai*). Address: \pm 373-8718 Ota-Shi Hama-Cho 2-35

Tel: 0276-47-1908 & 0276-48-1001

Fax: 0276-48-1012. Email: otaia@mx.city.ota.gunma.jp

Website: http://www.city.ota.gunma.jp/005gyosei/0020-007kikaku-kouryu/kokusaikouryu-eng/index.html

太田市役所国際課・太田市国際交流協会(英語版行政情報)





Ota Informa is available in 6 languages on the Association website.



Ota Informa in Simple Japanese

やさしい日本語