

Additional Documents to Submit

The allowance may be reduced by half due to the requirements such as five years having passed since you received the Child-Rearing Allowance. However, if any of the following (1) through (5) apply to you, your allowance will not be halved upon submission of the documents as listed, so please submit them with your notification.

(1) If you are employed;

● **One** of the following documents

- **Pay slips *Kyuyo Meisaisho* (last 2 months)**
- **(Form 3) Certificate of Employment *Koyou Shoumeisho***
- **Health Insurance Certificate that you are enrolled in at their workplace.**

***National Health Insurance is not acceptable.**

If you have a conventional health insurance card:

Bring your insurance card.

(Not an Eligibility Confirmation Letter *Shikaku Kakuninsho*.)

For those using a *Myna* Health Insurance Card:

Show your *Mynaportal* application screen after logging in.

(2) If you are self-employed;

- (Form 4) Declaration of Self-Employment *Jieigyō Juji Shinkokusho*,

AND

- Business Contract *Gyōmu Ukeoi Keiyakusho*, Tax Return Form *Kakutei Shinkokusho*, Flyer, **OR** other related documents

See the Reverse Side.

(3) If you are currently looking for a job, attending a school for profession, etc.;

- (Form 5) Declaration of Job Seeking Activities **AND**
- **One** of the following documents
 - (Form 6-2) Certificate of Use of Job-Seeking Support Organization *Kyushoku Katsudou Shien Kikantou Riyō Shōmeisho*
 - Referral Letter, *Shōkaijō*, issued by the Public Employment Security Office (Hello Work)
 - (Form 7) Certificate of Selection (for job applicants) *Saiyō Senkō Shōmeisho*
 - Certificate of Eligibility, *Jūkyū Shikakushashō*, to Receive Job Applicant Benefits
 - Certificate of Enrollment in a Professional Training College, etc. for the Purpose of Improving Professional Development *Zaigaku Shōmeisho*
 - Written Course Instruction, *Jūkō Shijishō*, by the Public Employment Security Office (Hello Work)

(4) If you are unable to work due to your own disability or illness;

- **One** of the following documents
 - Documents showing that you have a disability rating of Level 1 or 2 under the National Pension Act or Employee's Pension Insurance Act
 - Physical Disability Certificate *Shintai Shōgaisha Techo* (Level 1-3)
 - *Limited to those specified by the Order for Enforcement of the Child Rearing Allowance Act
 - Medical Treatment and Education Handbook *Ryōiku Techo* (A), **OR** Mental Disability Certificate *Seishin Shōgaisha Fukushi Techo* (Level 1 or 2)
 - Specified Disease Medical Care Recipient Certificate *Tokutei Shikkan Iryō Jūkyūshashō*, Specified Medical Expenses (for designated intractable disease) Recipient Certificate *Tokutei Iryōhi (Shitei Nanbyō) Jūkyūshashō*, **OR** Specified Disease Medical Treatment Recipient Certificate *Tokutei Shikkan Ryōyō Jūryōshō*
 - (Form 8) Medical Certificate, *Shindanshō* *Must use the specified form.

(5) If you are unable to work due to caring/nursing for a relative/child in your custody;

- (Form 9) Written Request for Engagement in Care *Kaigo Juji Moushideshō*
 - (Needs to be visited, confirmed and signed by a Commissioned Welfare Members, *Minsei In*)
- AND**
- **One** of the following documents
 - Documents showing that you have a disability rating of Level 1 or 2 under the National Pension Act or Employee's Pension Insurance Act
 - Physical Disability Certificate *Shintai Shōgaisha Techo* (Level 1-3)
 - *Limited to those specified by the Order for Enforcement of the Child Rearing Allowance Act
 - Medical Treatment and Education Handbook *Ryōiku Techō* (A), **OR** Mental Disability Certificate *Seishin Shōgaisha Fukushi Techō* (Level 1 or 2)
 - Specified Disease Medical Care Recipient Certificate *Tokutei Shikkan Iryō Jūkyūshashō*, Specified Medical Expenses (for designated intractable disease) Recipient Certificate *Tokutei Iryōhi (Shitei Nanbyō) Jūkyūshashō*, **OR** Specified Disease Medical Treatment Recipient Certificate *Tokutei Shikkan Ryōyō Jūryōshō*
 - Special Child-Rearing Recipient Certificate *Tokubetsu Jidō Fuyō Teate Jūkyūshashō*
 - (Form 8) Medical Certificate *Shindanshō* *Must use the specified form.
 - Documentation confirming of need for nursing care