

Health Consultations for Mothers during/after Pregnancy

If you have any worries or concerns during or after your pregnancy, you could call or visit the health center to have a consultation with a health professional such as a mid-wife, public health care worker, nutritionist or dental hygienist.

***Eligibility:** Pregnant to postpartum mothers with an address in the city

***Reception Hours:** 8:30 to 17:15

(Excluding weekends, public holidays, and year-end and new year holidays)

***Location:** Ota-Shi Health Center (by telephone or visit the center)

***Subject Matter:** Daily life and health during pregnancy

Information regarding childbirth

Life and health after childbirth

Information regarding breastfeeding

Contact Information:

■ Ota-Shi Health Center *Ota-Shi Hoken Center*

Tel: 0276-46-5115

(Regarding Maternal and Child Health, Tel. 0276-61-3001)