

# Health Examinations for Adults

There are 2 different types of health examinations *Kenshin* that individuals can take: group examinations at various health centers, and individual examinations at medical facilities that offer them.

※ Please do not forget to bring your Medical Exam Ticket *Jushinken* and barcode seal. If you have not received the tickets, please call one of the health centers.

## **Group Examination *Shudan Kenshin***

Stomach, uterine cervical, or breast cancer examinations, and osteoporosis (bone density) examinations require advanced booking. Please call one of the health centers or make a reservation with the **LINE**. No booking is required for chest x-ray, so please visit directly at centers where the examinations are conducted.

## **Individual Examination (Examinations at medical facilities)**

Booking varies depending on the medical facilities. (Call, visit, etc.)

\*Please check the '*Kenshin no Oshirase* (Information on health examination)' for details (including group examination schedule, booking, available facilities) or the city website.

## **Contact Information:**

■ Ota-Shi Health Center *Ota-Shi Hoken Center*

Tel: 0276-46-5115

■ Nitta Health Center *Nitta Hoken Center*

Tel: 0276-57-2651