

500-yen Health Examinations (Ages as of March 31, 2023)

■ Cancer Examinations (G.: Group, M.: at Medical Institution)

Stomach Cancer (G. / M.): For those 40 years old or older

Lung Cancer (G.): For those 40 years old or older

Colorectal Cancer (M.): For those 40 years old or older

Prostate Cancer (M.): For men between 50 and 74 years old

Cervical Cancer (G. / M.): For women 20 years old or older

Breast Cancer (G. / M.): For women 40 years old or older who have not been examined in previous FY

Breast Awareness (Breast Conscious Lifestyle):

1. Take an interest in your own breasts.
2. Know what are normal for you.
3. See a doctor and report any changes to your doctor without delay.
4. Attend breast screening regularly

Please read the reverse side of the "Cancer Screening Saves Lives" inside the envelope.

■ Other Examinations (G.: Group, M.: at Medical Institution)

Osteoporosis (Bone Density) (G.):

For Women aged between 30 and 70 years old in 5-year increments (30, 35, 40, ...)

Hepatitis Virus (M.): For people 40 years old and older who have not yet been examined

Health Check (Physical measurements, blood pressure measurements, urinalysis, blood tests and ECG tests) (M.): For ages 20, 25, 30 and 35 years old

Periodontal Disease (M.):

For ages from 20 to 70 years old in 5-year age increments (20, 25, 30, ...)

People with symptoms such as stomach pain, bloody stools, lumps, irregular bleeding, bloody phlegm, etc. cannot be screened for these examinations. If you have symptoms that concern you, see a medical professional as soon as possible.

Here are the differences in this fiscal year's group examinations.

- Popular annual set of screenings (breast and cervical cancer) will be offered on all of the days. The number of days available for exams has increased compared to last fiscal year, and two check-ups can be done at once to make it even easier for busy people!
- Triple screenings (stomach, breast and cervical cancer) are available. (Limited to three days) There are special days when three check-ups are available at once. (Stomach cancer screenings are radiography (barium).)
- Cervical cancer screenings are available in mornings. Morning check-ups are conducted for "Seven days." As in previous fiscal years, childcare will also be provided on all days. Please feel free to bring your children at venues. (Reservations required)

For dates, venues and booking information, see the 'Information on Health Examination (Kenshin no Oshirase)' inside the envelope.

Contact Information:

Ota City Hall, Health Promotion Division "Kenko Zukuri-Ka"

Ota-shi Health "Hoken" Center, Tel: 0276-46-5115

Nitta Health "Hoken" Center, Tel: 0276-57-2651

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